

What worked in Perth and Kinross

Key Stakeholders:

Care Homes
District Nursing
Professional Practice Nurse Development
Senior management team HSCP

Key Resources:

Data collection database/spreadsheet
Risk Assessment Tool (PPURA)
Training and workbooks
Safety Cross
Pocket guide

Key Roles:

Lead Nurse
District Nursing care home link
Project Lead
Care Home Lead

Planning

- **Overarching Management of RPUCH Improvement Programme**
- Establish a Project Lead and Steering Group
- Senior Management Engagement and Commitment
- Monthly action plan with clear responsibilities and time framework

Sharing & Communication

- **Learning Session for other Care Homes to Learn about the Model and Clinical Aspects including**
- Collaborative Improvement Methodology using PDSA small cycles of change to evidence impact
- Understand data collection tool and how to review this
- RPUCH resource pack including background, HIS standards, Preliminary Pressure Ulcer Risk Assessment (PPURA), Treatment Plan, Grading chart, PDSA template
- P&K addressed many of their improvements under the headings of **Risk Assessment, Education and Equipment**

Risk assessment

- Identify a Pressure Ulcer Risk Assessment Tool – we use Preliminary Pressure Risk Assessment Tool (as NHS Tayside use this and hope that all P&K care homes will adopt it)
- Training in the use of the above from District Nursing Service/Workshop
- Safety Cross to effectively communicate and review incidence of pressure ulcers (adapted from HIS tool)

Education

- Undertake a training needs survey to identify knowledge base and education needs.
- If possible, provide face-to-face Pressure Ulcer Prevention Training however promote other training resources e.g. NHS Education for Scotland (NES) “The Prevention and Management of Pressure Ulcers” educational reference/workbook and on-line resource.
- Use of the pocket guide as a quick reference tool e.g. Scottish Adaptation (EPUAP) Pressure Ulcer Classification Tool

Equipment

- Creation of a Care Home Pressure Ulcer Equipment Pathway and support