

# Reducing Pressure Ulcers in Care Homes:

## Argyll and Bute working with the SPSP Project

(RPUCH) (Scottish Patient Safety Programme)



**Project LED BY PARTNERSHIP** of; the Scottish Patient Safety Programme Primary Care Division, Scottish Care and the Care Inspectorate.

**National Steering Group** with representation from the 5 HSCP partnerships involved

### WHAT WE DID

#### GORTANVOGIE CARE HOME, ISLE OF ISLAY

- Staff Survey on understanding of Pressure Ulcers
- Training based on survey results
- Joint training delivered by local District Nurse
- Used data incidence spreadsheet for Overview & Analysis
- Led by care home Pressure Ulcer Champion carer

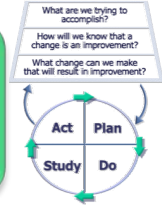
#### CHANGED PRACTICE

- Handover reports discussed skin concerns
- Each resident had skin monitoring tool
- New starts had NHS Tissue Viability guide in Induction
- Used SSKIN bundle
- Used data incidence to identify problems and proactively seek joint solutions.
- Used PDSA cycle to test out some changes

#### IMPROVED CARE FOR RESIDENTS

- Care staff became knowledgeable and confident
- Confidently changed care plans not await DN advice
- Raised awareness with staff, residents & families
- Used more appropriate responses
- Used appropriate equipment and resources
- Evidenced to Care Inspectorate better outcomes for residents

#### Model for Improvement



*Older people living in care homes have a higher risk of developing pressure ulcers. This is not because care homes are bad, but because care home residents are already generally more vulnerable.*

Argyll & Bute HSCP  
NHS Highland  
Dumfries and Galloway HSCP  
East Dunbartonshire HSCP  
Perth and Kinross HSCP

### CORE LEARNING POINTS

#### Build on what you have:

- Care Home and Community Nursing **Teams** work closely together
- **Meet** at least weekly
- Jointly **Scrutinise and Review** Data
- **Joint** Development Sessions
- Involve **specialists** when needed
- Care Home Pressure Ulcer Champion keeps **team focus**

#### Review baseline:

- Knowledge of **ALL** staff
  - Pressure Ulcer identification & management
  - Care Home and Community Nursing Staff
  - Joint Training at earliest point
- People think they know it but maybe not as well as they thought!*

#### Very small scale and low incidence, however we:

- **Learned together;** Identified issues and solutions together
- Used resources we had **agreed** together
- **Tested** guidance for residents & relatives
- **Shared** our progress & learning at the Care Home Network

#### KEY RESOURCES:

- SPSP RPUCH NES Pack/Website <http://www.pressureulcer.scot/>
- Data Collection Spreadsheet
- Pressure Identification Tool (NATVNS)
- SSKIN Bundle, Root Cause Analysis
- Training for All Staff
- Care Home Champion
- Management & Leadership
- Access to specialist support as needed



My Care - your contribution matters to me!

Family & Friends

Care Home Staff

Care Home Champion

Link District Nurse

Care Home Manager

SPSP Resource Pack

National Health and Social Care Standards

Care Inspectorate

Community Nursing Team



**TEAM APPROACH MAKES IT WORK**

#### FOR FURTHER INFORMATION CONTACT:

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